Caring for your new bed





Don't bend or roll your new mattress if it was delivered flat



Air your new mattress before use and on a regular basis



Rotate your mattress head to toe regularly and flip it over unless it's single sided



Give it time (around 30 nights) to get used to your new mattress



Body impressions or settlement forming in the first few weeks is perfectly normal



Gently vacuum the top of the mattress from time to time

For more information visit

bedadvice.co.uk

Look for the NBF-approved logo

